

Treatment Pre-Care Guide

A treatment-indexed reference for current House of Rose services. Updated August 26, 2026.

Important

This guide provides general preparation and recovery information. It does not replace the instructions given for your exact treatment, medical advice, or emergency care. Your licensed provider's personalized directions take priority.

Find your treatment

Injectables & Bio-Fillers - Injectables and blood-derived services

Neurotoxin Injections (Botox and Daxxify) - Injectables and blood-derived services

Dermal Fillers - Injectables and blood-derived services

PRF Under Eyes and PRF Injections - Injectables and blood-derived services

IV Hydration Therapy - IV hydration

GLP-1 Weight Management - GLP-1 weight management

Morpheus8 RF Microneedling and Morpheus8 Body - Microneedling and RF microneedling

Microneedling, Procell, and topical PRF - Microneedling and RF microneedling

Lumecca Peak IPL - IPL and light-based treatment

Forma RF Facial - Forma surface radiofrequency

BioRePeel - Chemical peels

Face Reality Acne Program and Acne Bootcamp - Face Reality program

Glo2Facial - Glo2Facial and gentle facials

Dermaplaning - Dermaplaning

Facial and Body Waxing - Waxing

Bridal, Event, and Everyday Makeup - Professional makeup

Start here for every service

- Read the section for your treatment before the day of your visit.
- Tell House of Rose about pregnancy or breastfeeding, allergies, recent procedures, active infection, cold sores, changes in health, and all medicines or supplements that may affect treatment.
- Do not stop a prescribed medicine unless the clinician who prescribed it tells you to stop.
- Arrive with the treatment area clean when practical. Bring questions and the names of products or medicines you are unsure about.
- If your provider gives you instructions that differ from this general guide, follow the personalized instructions.

Injectables and blood-derived services

- Plan treatment well before an important photographed event because swelling or bruising can occur, especially with dermal filler and injectable PRF.
- Report prior reactions, bleeding or clotting concerns, blood-thinning medicines or supplements, immune conditions, active infection, dental work, and any history relevant to the area being treated.
- Arrive without makeup on the injection area when practical and eat normally unless your licensed provider gives different instructions.
- PRF services include a small blood draw. Tell the practice if blood draws have caused fainting or difficulty in the past.

IV hydration

- Eat and hydrate normally before the visit unless Diana Morrison, RN gives different instructions.
- Bring an accurate medication, allergy, and health-history list. The current formula and candidacy must be reviewed before an IV is started.
- Wear clothing that gives comfortable access to the arm.

GLP-1 weight management

- Bring a complete medication and supplement list plus relevant medical history to the consultation.
- Write down prior weight-management medications, side effects, and the questions you want reviewed.
- Do not begin, stop, share, or change the dose of a prescription medication on your own.

Microneedling and RF microneedling

- Avoid arriving with sunburn, an active rash, open skin, or infection in the treatment area; contact House of Rose if the skin changes before the visit.
- Report a history of cold sores, poor wound healing, immune conditions, recent procedures, and medicines or products that affect the skin.
- Do not use a new irritating skin product immediately before treatment. Follow the exact product hold instructions given for your plan.
- Arrange the visit with enough recovery time before an important event; redness, tightness, dryness, swelling, or flaking may occur depending on depth and area.

IPL and light-based treatment

- Avoid tanning and intentional sun exposure. Tell House of Rose about recent sun exposure or self-tanner before treatment.
- Provide a complete list of medicines and supplements, especially anything that may increase light sensitivity.
- Do not arrive with an active infection, open skin, or sunburn in the planned area.
- Follow the exact shaving, product-hold, and sun-exposure instructions given for your selected body area.

Forma surface radiofrequency

- Tell House of Rose about implants, devices, recent procedures, active skin problems, and changes in health before treatment.
- Arrive with the selected area clean and without heavy skin products when practical.
- Report new irritation, sunburn, or infection before the visit.

Chemical peels

- Report cold sores, active irritation, open skin, recent hair removal, recent procedures, and medicines or products that change skin sensitivity.
- Do not add a strong new exfoliant, retinoid, or acne active immediately before the peel. Follow the exact hold schedule given for your skin and products.
- Avoid tanning and arrive without sunburn.

Face Reality program

- Bring every current skin-care product, medicine, and supplement to the first review or provide clear photos of the labels.
- Follow the assigned home-care routine as written; do not add new acne actives without checking first.
- Tell Amber Mingione, Licensed Esthetician about irritation, pregnancy or breastfeeding, medication changes, and changes in breakouts before the next treatment.

Glo2Facial and gentle facials

- Tell House of Rose about allergies, active irritation, sunburn, recent procedures, and any product that has recently caused a reaction.
- Arrive with clean skin when practical and avoid introducing a strong new active immediately before the facial.

Dermaplaning

- Tell House of Rose about active irritation, open skin, raised lesions, recent exfoliation, cold sores, and medicines or products that affect skin sensitivity.
- Avoid facial waxing or another aggressive exfoliation immediately before the service unless your provider has specifically coordinated the timing.
- Arrive without heavy makeup when practical.

Waxing

- Hair must be long enough for wax to grip. If you are unsure, ask before trimming or shaving.
- Report retinoids, isotretinoin, exfoliating acids, recent peels, sunburn, or other factors that can make skin fragile.
- Arrive with clean, dry skin and avoid applying oil or heavy lotion to the area.

Professional makeup

- Arrive with a clean face unless Aundrea Pedigo, Licensed Esthetician gives different instructions.
- Bring reference images that show the finish you like, plus photos of the clothing and event lighting when relevant.
- Report product allergies or sensitivities and bring any must-use personal lip product or specialty item.

Sources and scope

The service index reflects the current local House of Rose service catalog and current House of Rose operational records. Treatment-specific instructions were kept conservative where no current House of Rose protocol authorizes a more detailed public instruction.

Reviewed references include current House of Rose provider and treatment briefs; Procell Therapies aftercare and consent materials retained in the House of Rose repository; Face Reality professional home-care and peel guidance; Geneo treatment considerations and protocol resources; InMode clinical and manufacturer materials; and current product labeling for medically directed services where applicable.

Do not use this guide to decide candidacy, stop a prescribed medicine, select a medication or injectable product, or replace urgent medical care.

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