

Treatment Aftercare Guide

A treatment-indexed reference for current House of Rose services. Updated August 26, 2026.

Important

This guide provides general preparation and recovery information. It does not replace the instructions given for your exact treatment, medical advice, or emergency care. Your licensed provider's personalized directions take priority.

Find your treatment

Injectables & Bio-Fillers - Injectables and blood-derived services

Neurotoxin Injections (Botox and Daxxify) - Injectables and blood-derived services

Dermal Fillers - Injectables and blood-derived services

PRF Under Eyes and PRF Injections - Injectables and blood-derived services

IV Hydration Therapy - IV hydration

GLP-1 Weight Management - GLP-1 weight management

Morpheus8 RF Microneedling and Morpheus8 Body - Microneedling and RF microneedling

Microneedling, Procell, and topical PRF - Microneedling and RF microneedling

Lumecca Peak IPL - IPL and light-based treatment

Forma RF Facial - Forma surface radiofrequency

BioRePeel - Chemical peels

Face Reality Acne Program and Acne Bootcamp - Face Reality program

Glo2Facial - Glo2Facial and gentle facials

Dermaplaning - Dermaplaning

Facial and Body Waxing - Waxing

Bridal, Event, and Everyday Makeup - Professional makeup

Start here for every service

- Follow the personalized instructions given at your visit; they take priority over this general guide.
- Do not pick, scratch, scrub, or deliberately irritate a treated area.
- Use only the products your provider says are appropriate during the early recovery window.
- Contact House of Rose with a question about an unexpected response. Seek urgent medical care for trouble breathing, chest pain, fainting, signs of a severe allergic reaction, sudden vision change, or another emergency.

Injectables and blood-derived services

- Do not press or massage an injected area unless Diana Morrison, RN specifically instructs you to do so.
- Follow the product- and area-specific limits on exercise, heat, alcohol, positioning, makeup, and skin treatments that you receive at the visit.
- Temporary tenderness, redness, swelling, or bruising can occur. Dermal filler should be planned well before a photographed event because swelling and bruising may take time to settle.
- Contact the practice promptly about severe or increasing pain, unusual color change, marked asymmetry, vision symptoms, or any response you were told to report.

IV hydration

- Keep the small dressing on the IV site for the time recommended at your visit.
- Mild site tenderness or a small bruise can occur. Contact the practice about increasing redness, warmth, swelling, drainage, persistent bleeding, or worsening pain.
- Follow any formulation-specific instructions given by Diana Morrison, RN.

GLP-1 weight management

- Use the medication exactly as prescribed and do not change the dose or schedule on your own.
- Follow the storage, injection, missed-dose, nutrition, hydration, and side-effect instructions provided with your medication plan.
- Contact the practice about side effects or questions; seek urgent medical care for severe symptoms or an emergency.

Microneedling and RF microneedling

- Treat the skin as temporarily vulnerable. Keep hands, tools, and unapproved products away from the treated area.
- Follow the written schedule for cleansing, moisturizer, sunscreen, makeup, exercise, heat, swimming, and active skin-care products.
- Redness, tightness, dryness, swelling, or mild flaking can occur. Do not pick at flaking skin.
- Contact House of Rose about increasing pain, spreading redness, drainage, blistering, or another response outside the expected instructions.

IPL and light-based treatment

- Protect the treated area from sun and follow the sunscreen and heat-exposure instructions provided at the visit.
- Do not pick or scrub darkened pigment or temporary surface crusting; allow it to shed naturally.
- Use gentle products until the skin has returned to its usual condition and you are cleared to restart active products.
- Report blistering, severe swelling, increasing pain, or an unexpected skin-color change promptly.

Forma surface radiofrequency

- Use gentle skin care and follow any same-day heat, exercise, or active-product instructions given for the treated area.
- Temporary warmth or redness may occur. Contact House of Rose if discomfort or redness increases instead of settling.

Chemical peels

- Use gentle cleanser, moisturizer, and sun protection as directed. Wait to restart retinoids, acids, scrubs, or other active products until cleared.
- Do not peel, pull, scrub, or pick at flaking skin.
- Avoid intentional sun and follow the instructions for exercise, heat, swimming, and makeup.
- Contact House of Rose about blistering, marked swelling, increasing pain, drainage, or an unexpected reaction.

Face Reality program

- Use the assigned home-care products in the order and frequency provided. More product is not better.
- Do not add or replace acne actives without checking with Amber Mingione, Licensed Esthetician.
- Record irritation, dryness, new medications, and changes in breakouts so the routine can be adjusted at the next review.

Glo2Facial and gentle facials

- Keep the routine simple for the rest of the day and follow any instructions about active products or sun exposure.
- Glo2Facial does not require a recovery period, but product-specific instructions still matter.
- Contact House of Rose if irritation increases or a reaction develops.

Dermaplaning

- Use gentle skin care and sun protection. Wait to restart strong exfoliants or retinoids until the timing given at your visit.
- Avoid scrubbing, picking, or adding another aggressive exfoliation while the skin is settling.
- Contact House of Rose about persistent or increasing irritation.

Waxing

- Keep the area clean and avoid friction, picking, heat, and heavily fragranced products during the initial post-wax period.
- Follow the area-specific instructions for exercise, swimming, sun, exfoliation, and sexual activity where relevant.
- Contact House of Rose about skin lifting, blistering, spreading redness, drainage, or worsening pain.

Professional makeup

- Remove makeup gently before sleeping unless your artist gives a different event-specific instruction.
- Use your usual gentle cleanser and avoid aggressive scrubbing around the eyes.
- Stop using a product and seek appropriate care if a significant eye or skin reaction develops.

Sources and scope

The service index reflects the current local House of Rose service catalog and current House of Rose operational records. Treatment-specific instructions were kept conservative where no current House of Rose protocol authorizes a more detailed public instruction.

Reviewed references include current House of Rose provider and treatment briefs; Procell Therapies aftercare and consent materials retained in the House of Rose repository; Face Reality professional home-care and peel guidance; Geneo treatment considerations and protocol resources; InMode clinical and manufacturer materials; and current product labeling for medically directed services where applicable.

Do not use this guide to decide candidacy, stop a prescribed medicine, select a medication or injectable product, or replace urgent medical care.

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